

Cassia.org Quick Checklist for Lyme

Circle or tally the Yes responses.

For complete information visit: www.Cassia.org / Diagnostics / Quick Lyme Checklist

		Yes	No
1	Tick Bite (deer tick or dog tick?)	Y	N
2	Rash at bite site	Y	N
3	Rashes at other sites	Y	N
4	Joint/muscle pain in feet	Y	N
5	Swelling in toes, balls of feet	Y	N
6	Ankle pain	Y	N
7	Burning in feet	Y	N
8	Shin splints	Y	N
9	Unexplained fevers, sweats, chills	Y	N
10	Unexplained weight change (loss or gain)	Y	N
11	Fatigue, tiredness	Y	N
12	Unexplained hair loss	Y	N
13	Swollen glands	Y	N
14	Sore throat	Y	N
15	Testicular pain / pelvic pain	Y	N
16	Unexplained menstrual irregularity	Y	N
17	Unexplained milk production (lactation)	Y	N
18	Irritable bladder or bladder dysfunction	Y	N
19	Sexual dysfunction or loss of libido	Y	N
20	Upset stomach	Y	N
21	Change in bowel function (constipation, diarrhea)	Y	N
22	Chest pain or rib soreness	Y	N

23	Shortness of breath, cough	Y	N
24	Heart palpitations, pulse skips, heart block	Y	N
25	Joint pain or swelling	Y	N
26	Stiffness of the joints, neck or back	Y	N
27	Muscle pain or cramps	Y	N
28	Twitching of the face or other muscles	Y	N
29	Headache	Y	N
30	Neck creaks and cracks, neck stiffness	Y	N
31	Tingling, numbness, burning or stabbing sensations	Y	N
32	Facial paralysis (Bell's Palsy)	Y	N
33	Eyes/vision: double, blurry, pain, increased floaters	Y	N
34	Ears/hearing: buzzing, ringing, ear pain	Y	N
35	Dizziness, poor balance, increased motion sickness	Y	N
36	Lightheadedness, wooziness, difficulty walking	Y	N
37	Tremor	Y	N
38	Confusion, difficulty in thinking	Y	N
39	Difficulty with concentration or reading	Y	N
40	Forgetfulness, poor short term memory	Y	N
41	Disorientation: getting lost, going to wrong places	Y	N
42	Difficulty with speech	Y	N
43	Mood swings, irritability, depression	Y	N
44	Disturbed sleep: too much, too little, early awakening	Y	N
45	Exaggerated symptoms or worse hangover from alcohol	Y	N
46	Any history of heart murmur or valve prolapse?	Y	N
	Total number of Yes responses:		